# **ECU Outer Banks Campus**

Manteo Community Housing Facility Resident Handbook

# Welcome Aboard!: Live Like a Pirate™



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# WELCOME

We're glad you are a resident of the Manteo Community Housing (MCH) facility. This handbook will help you understand your role as a community member and what you can expect as it pertains to your CSI Housing Contract. It covers the basics of community living as well as the independent nature of this unique living environment.

Your CSI Housing Contract is processed via a master lease managed by **East Carolina University**<sup>®</sup> **Campus Living**. You are considered a long-term guest, or resident, of the Manteo Community Housing Facility as part of ECU's sublease agreement. The terms "long-term guest" and "resident" are used interchangeably throughout this handbook and refer to you as the individual residing at the facility via a CSI Housing Contract, processed through East Carolina University.

This handbook and your CSI Housing Contract serve as legally binding terms and conditions. By signing the CSI Housing Contract, you have agreed to abide by all rules, regulations and policies stated for the Manteo Community Housing facility, as well as in your Housing Contract. You are also responsible for knowing and following your applicable institution's Code of Conduct for its students and the standards established by this handbook.

Please note that East Carolina University's operation of residence halls and leased properties is financially self-supporting. No state, university or tax monies are received to defray operating costs or debt service expenses. Revenue is generated from room and lease payments.

#### **Coastal Studies Institute**

ECU's Outer Banks Campus is home to the Coastal Studies Institute in Wanchese, North Carolina. The Coastal Studies Institute (CSI) is a multi-institutional research and education partnership of the UNC System. Led by East Carolina University, in partnership with North Carolina State University and the University of North Carolina at Chapel Hill, the Coastal Studies Institute focuses on integrated coastal research and education programming centered on responding to the needs, issues and topics of concern of the residents of eastern North Carolina. CSI research integrates the natural and social sciences and brings together researchers from different disciplines to answer pressing coastal questions.

#### Manteo Community Housing Facility

Manteo Community Housing (MCH) is owned and operated by SAGA. MCH is located in the quaint village of Manteo and is part of the Roanoke Island community in Dare County.

# **MEET YOUR STAFF**

Moving into a new community and a new way of living can be a challenge. The Manteo Community Housing facility is an independent living environment, much like having a lease with an apartment building or complex. While you are considered a long-term guest of the facility, you are also a resident of the community and have expectations, policies and rules to abide by.

While the standard of care is different than what you would experience or expect with an on-campus residence hall, there is some basic support for you from staff at the Manteo Community Housing facility. There are two staff members directly connected to the facility to assist you.

#### **Resident Fellow**

The Resident Fellow is an employee of ECU. They provide general oversight of student behavior and can support residents by answering questions, providing guidance and offering general support with living situations. They serve under the direction of administrators within ECU's Integrated Coastal Programs at the Coastal Studies Institute in Manteo.

#### **Property Manager**

The Property Manager works with the owner of the property to ensure facilities are in working order and that guests are aware of the rules/expectations of the facility along with safety/security information. They also work with the Resident Fellow to manage room assignments and keys. If you have a question about the facility or a maintenance concern, connecting with the Property Manager is a good place to start. The Property Manager at Manteo Community Housing is Ms. Jaye Massecar. Her office is located in Room 2 at MCH, or she can be reached at 252-305-7204.

It is important to understand your role in this living environment. This is independent living. While you reside at the MCH facility, you are responsible for yourself, your behavior and your safety. It is important to be your own self-advocate and to seek assistance and care from the resources in the Manteo community when needed. Though the MCH and your CSI Housing Contract are tied to a university program, the facility itself is removed from a main campus setting, and therefore, access to on-campus resources is limited in nature.

#### A Spirit of Respect

The Manteo Community Housing facility is composed of a multicultural community of individuals. Long-term guests and residents of the facility are of diverse racial, cultural and class backgrounds with views encompassing a broad spectrum of religious and political beliefs; gender identities and sexual orientations; races and cultures. We are unique in that we strive to work and live together and, in the process, learn from one another in an atmosphere of positive contact and mutual respect. We are committed to promoting behavior that demonstrates our beliefs about the respectful treatment of each member of our community.

The residential community is a special place. It is a community designed to foster freedom of thought and unconventional, even uncomfortable, opinions. It attempts to provide an environment for inquiry in which innovation and creativity are nurtured.

Residents of MCH are individually and collectively responsible for their behavior and are fully accountable for their actions. Residents should be aware of the differences that exist in the residential community. Acts of bigotry in violation of your home institutional policies or applicable law have no place within the MCH community. University regulations<sup>1</sup> on student conduct may be violated where a student's conduct creates a "hostile environment" for another member of the community, as that phrase is defined by law. Generally, a hostile environment may exist where conduct is directed toward a particular person or persons; is based upon the person's race, color, religion, national origin, gender, sexual orientation, gender identity, creed, disability or veteran status; is unwelcome; is severe or pervasive; is objectively offensive; and so unreasonably interferes with the target person's employment, academic pursuits or participation in university-sponsored activities as to effectively deny equal access to the university's resources and opportunities. A university's student conduct regulations may also be violated where a student threatens, coerces, harasses or intimidates another person or identifiable group of persons in a manner that is unlawful or in violation of a constitutionally valid university policy while on university premises or at university-sponsored programs or activities based upon the person's race, color, religion, national origin, gender, sexual orientation, gender identity, creed, disability or veteran status. Likewise, community standards at MCH do not allow for ignorance, anger, alcohol or substance abuse as an excuse, reason or rationale for such behavior.

Any incidents or matter of behavior concern may be referred to the appropriate institutional official for review under the applicable university regulations to include those related to student conduct, nondiscrimination or Title IX.

We must all aspire to an ideal of openness, not only to allow people to be different, but to recognize that diversity is the virtual core of a university setting.

#### A Spirit of Courtesy

Members of the MCH share certain goals, some of which include academic accomplishment, friendship and a sense of belonging. While living at MCH, it is essential that individuals respect the

<sup>&</sup>lt;sup>1</sup> Applicable university regulations may be found at the student's home institution in their program of enrollment.

rights of their fellow residents, including the rights to privacy, property, study and rest, and to equal access to facilities common to all.

It follows that the spirit of the MCH is one of mutual respect and cooperation. Each resident has the right and obligation not only to be responsible, but to remind fellow residents of their responsibilities should their behavior depart from reasonable standards. It would be impossible to create policies for every facet of living at the MCH; therefore, a spirit of common courtesy and respect for others should always be maintained. Each resident must be willing to contribute to an atmosphere conducive to community living, study and sleep. Consideration for other long-term guests at the Manteo Community Housing facility must always be shown.

# LIVING IN A COMMUNITY

#### Sharing a Space

Many students have never had the chance to share a room or living space. Sharing a living space requires flexibility, consideration and effort by each roommate, suite mate or community member. As you consider living in a shared space, complete the following statements for yourself:

- I assert myself in situations where ...
- I feel taken advantage of when ...
- My definition of compromise is ...

To create and maintain a healthy community, it is imperative that communication begins early. A little extra effort can limit the number of confrontations later.

Once you have made it to campus, start with your room. You and your roommate may want to talk about the following issues that will help you "settle" in:

- Arranging the room. Take this step together when you first move into the room so that you both feel like you belong in the room. Remember, the room can always be rearranged later to keep things "new."
- Using each other's belongings. Discuss what things are OK to borrow and which items you would rather keep to yourself. Include clothing, food and devices.
- Personal boundaries. Whether wearing shoes in the room, allowing guests into the room while someone is sleeping, or bathroom expectations, it is important to understand what is important to one another.

#### **Communication Tips**

A breakdown in communication is the most common problem for roommates who are unable to get along. Use the following strategies to help avoid possible arguments or confrontations:

- Talk it out. Sooner or later, an issue is bound to come up that frustrates one of the roommates. Make the commitment to work disagreements out verbally between the two of you. Keep all the issues "on the table" and avoid going behind one another's back.
- Agree to disagree. Roommates don't have to be mirror images of each other. It is important to remember that you are each your own individual. Being different from one another is what makes the experience beneficial to both roommates. Choose to respect one another's perspectives and ideas. Remember that there is more than one way to look at an issue.
- Leave messages. As roommates, you will rely on one another for contact with people outside of your room. Decide where messages will be left for one another. Include phone messages, dry-erase board messages and messages from visitors.
- Assume good intent! We sometimes perceive someone's actions or words to be different that what the person intended. It best to discuss this with those involved and to come to better understand each other, but in the meantime, assume their intention was not to be mean, inconsiderate, rude, etc.

# SAFETY AND SECURITY

Safety and security are important issues within the residence community. Each resident must abide by safety and security regulations to protect themselves and others. In ALL emergency situations, residents can receive assistance from the local police department by calling 911. The physical address of the Manteo Community Housing facility is:

**603 Harriot Street** at the corner of Harriot Street and US 64 Across from the Roanoke Island Fire Station (North Station)

In any emergency situation, call 911 immediately. Then, notify and/or update the Resident Fellow so appropriate follow-up can occur.

Manteo Community Housing is a secure facility. The front door is a combination entry lock, which you should have received upon your arrival. All side doors require a key for entry. Your room key opens your room and the side doors on second level. Loss of keys, rigging of locks or propping open the doors jeopardizes everyone's safety and security of their possessions. MCH does not provide insurance for personal belongings. Please make sure to keep all doors closed and secure.

In addition, residents of MCH should:

- Be cautious about who is entering the building behind them. Only residents and staff should be entering the building without an escort.
- Not loan their keys/key fob to anyone.
- Not prop open doors or rig locks.
- Report suspicious individuals or activity to local police.

#### **General Safety Tips**

Although Manteo is generally a safe place to live, there are some steps you can take to ensure your safety and the safety of other long-term guests in the MCH facility:

- 1. Keep your room door locked at all times, especially when you are sleeping or just going down the hall for a couple of minutes.
- 2. Secure your property (such as computers) before leaving a shared community space.
- 3. Never prop open an outside entry or suite door. Propping doors allows people who aren't supposed to be in the facility access to your room and everyone else's in the hall.
- 4. Escort your guests into the building.
- 5. Report missing keys/key fobs immediately to the Property Manager. They will work with you to help ensure that you and your property will remain safe.
- 6. Avoid phone and internet scams. Scammers will offer great deals over the phone or via email, but they are only trying to steal money. Don't give out any credit card numbers, your address, or any other personally identifying information to anyone you do not know or trust. Remember, if it sounds too good to be true, it probably is.
- 7. Keep your computer and email passwords confidential.
- 8. Evacuate the building if the fire alarm sounds.

- 9. Do not tamper with the fire equipment. Tampering with particle detectors, fire extinguishers, heat sensors or fire alarm pull stations puts everyone in great danger.
- 10. Keep windows closed and locked when the room is vacant.
- 11. Report any suspicious persons to the local police department at 911.

#### **Fire Safety**

As a resident of the Manteo Community Housing facility, you have a responsibility to educate yourself on preventive fire safety measures and fire detection protocols. Under no circumstances should you enter the building while the fire alarm is activated unless told to do so by local police or fire personnel.

If residents see a fire ignite, they should:

- 1. Close the door to the fire area.
- 2. Activate the fire alarm system and exit the building immediately.
- 3. Go to the nearest phone, dial 911 and report the exact fire location.
- 4. Stay clear of the structure and report to the building's posted evacuation location.
- 5. Follow instructions given by emergency personnel.
- 6. Remain in a safe area until the fire department and/or emergency personnel allow re-entry into the affected structure.

If you are in a fire area:

- 1. Stay as calm as possible.
- 2. Using the back of your hand, feel closed doors from top to bottom for heat.
- 3. If fire is not perceived by checking for heat, crouch low and open the door slowly.
- 4. If safe, go into the hallway and close the door behind you.
- 5. Activate the building fire alarm system and alert others to evacuate.
- 6. Go to the nearest stairway and leave the building in a prompt and orderly manner. If the stairway is full of smoke, leave it and go to another stairway.

If you are trapped by a fire:

- 1. Try not to panic.
- 2. Pack the space under the door with wet towels, clothing or other material.
- 3. Dial 911 and report your location.
- 4. Go to a window, open it, wave a white or brightly colored cloth from it, and call to any people below.
- 5. Do not break windows unless smoke is pouring into your room and you need fresh air to breathe.
- 6. Stay near the window where you can be seen. Do not hide under the bed or in the closet.
- 7. If you cannot get to a window, go to an inside corner of the room, curl up on the floor, and protect your face with a wet cloth. Stay calm, breathe slowly, and call out for help when you hear rescue personnel in the hallway.

Residents with permanent or temporary disabilities may follow altered evacuation procedures:

- An individual with a disability on the ground floor should evacuate the building through the nearest clear exit if they can do so under their own power or with the guidance of another evacuating community member. An individual with a disability on upper floors in a building should go to the nearest stairwell. If they are unable to exit or safely reach a stairwell, they should stay in their room. If possible, they should hang a towel or blanket out of the window to signal for help. In addition, they should stuff a blanket or towel under the door to block entry of harmful smoke or gas.
- If possible, all individuals with a disability should call 911 to notify the police of their location. Also, they should tell someone who is evacuating the building to transfer this same location information to on-scene emergency personnel.
- In case of fire, emergency personnel will make every attempt to enter the area to rescue individuals who are unable to exit the building.

#### **Fire Sprinklers**

The MCH facility is equipped with a fire sprinkler system. These systems can help stop a fire in the community building, but they also can cause a great deal of damage if misused or tampered with. Each sprinkler head has a glass tube or fusible link, which can be broken by impact or intense heat. When a sprinkler head is activated, large amounts of water pour out and cannot be stopped until the system is shut off. Follow the guidelines below to help keep the sprinkler heads and other parts of the system intact so that they are appropriately activated:

- Do not tamper with any part of the sprinkler system.
- Do not hang ANYTHING from a sprinkler head, or from any other part of the fire suppression equipment, including the pipes.
- Keep a clearance of 18" around sprinkler heads, including in closets.
- Keep sources of heat away from the sprinkler heads.
- Avoid hitting the sprinkler heads when moving items into, out of or around a room.
- Do not engage in sports or horseplay that could result in anything striking a sprinkler head.
- Report any leaks or problems with the system right away.

Tampering with the fire sprinkler system is a violation of state law and university regulations and will result in referral to the student conduct process, possible removal from the hall and/or possible legal action.

#### Fire Alarms

The floors at MCH are equipped with manual fire alarm systems consisting of pull stations and horns. The floors are also equipped with automatic fire alarm systems consisting of heat and/or smoke detectors and automatic sprinkler systems. Residents should never tamper with these systems. False fire alarms are dangerous to residents and emergency personnel who must respond. They are also illegal and punishable by fines and/or imprisonment.

#### **Fire Extinguishers**

Fire extinguishers are located on each floor in the building. Residents should only use a portable fire extinguisher if they have been trained to do so. Irresponsible use of a fire extinguisher can create a dangerous situation for other residents and could result in damage to personal property.

#### **Fire Prevention**

An ounce of prevention goes a long way. Protect yourself and other residents of the Manteo Community Housing facility by following fire safety guidelines, practices and community policies. Violating these standards could result in contract cancellation and/or other applicable sanctions.

#### **Electrical Appliances**

Be sure that all electric cords, plugs and appliances are in good condition. All appliances should have an Underwriters Laboratories (UL) label or other recognized testing laboratory seal of approval. Do not overload wiring by turning on too many electrical devices at one time. Kitchen appliances (blenders, toasters, mixers, etc.) may only be used in the kitchen.

#### **Fire Safety Violations**

Residents who fail to follow fire safety guidelines can pose a threat to the life and health of fellow residents. The following list contains fire safety violations. Students may be referred to their home institution's conduct process and/or go through the contract review process (in addition to facing criminal prosecution) if they:

- File a false report of fire or other dangerous conditions (except cases of reasonable error or accident).
- Fail to properly report a fire.
- Interfere with the response of university or city officials to emergency calls.
- Park within 8 feet of a fire hydrant or in designated fire lanes. The car will be ticketed and towed at your expense.
- Damage or tamper with fire alarms and/or other safety equipment.
- Refuse to evacuate any university building after a fire alarm has sounded or other notice has been given.
- Use appliances or materials that create a fire hazard. (Consult your hall staff about safe usage procedures.)
- Possess fireworks or explosives.

When appropriate, legal action will also be taken. The use of drugs, including alcohol, does not mitigate a resident's responsibility related to their behaviors.

# MCH FACILITY AND MAINTENANCE INFORMATION

#### Mail

You can receive mail while you reside at Manteo Community Housing. For best mail delivery results during your stay, please use the following address:

Your Name and Room Number c/o Manteo Community Housing P.O. Box 542 603 Harriot Street Manteo, NC 27954

#### Maintenance

Jaye Massecar is the "on-site" Property Manager of the Manteo Community Housing facility. For maintenance issues, please contact Ms. Jaye at 252-305-7377. For situations that occur after hours and cannot wait until the following day to resolve, contact numbers are posted on the first- and second-floor bulletin boards. Examples of maintenance emergencies include but are not limited to water pipe break, electrical malfunction or activated fire alarms.

#### **General Facilities and Common Areas**

MCH has two floors of residential living. Each residential room can house two people. Each room has a full bathroom that is shared between another room. Two to four residents may share the bathroom. Your bathroom will be cleaned by the MCH cleaning staff once every two weeks. Please limit the number of items you keep on your counter to help the cleaning crew move through their cleaning process faster.

Common areas include a kitchen, laundry room, several porches, and two living rooms with television and DVD players. General cleaning occurs weekly in these spaces, but there is no maid service. Residents should clean up after themselves in any common area at all times.

#### Kitchen

Please be respectful of everyone staying in the house by sharing kitchen and refrigerator space and cleaning up after you use the kitchen. Clean all used/dirty dishes and put them away. Wipe down all kitchen surface areas you used. When trash cans are full, empty them and take trash to the dumpster. Cleaning supplies and dishwasher tablets can be found under the sink, and extra trash bags and paper towels are in the hall closet.

The large commercial refrigerator and freezer are reserved for long-term guests (more than two weeks). For cabinets in the kitchen/laundry area, you may claim *half a shelf* area for your use. Space is limited, so please use only half a shelf. Labeling of your food is helpful and encouraged. Limit the storage of food in your rooms to avoid attracting unwanted pests. There is also a charcoal grill in the backyard area that everyone is welcome to use.

The kitchen is for everyone's use, so it is everyone's responsibility to keep this area clean and organized. Be courteous to other residents!

#### **Trash and Recycling**

Please keep the trash cans and the recycling collection containers in the kitchen emptied. This is everyone's responsibility. If you notice it is full, please take initiative and take the trash to the dumpsters outside. Recycling should be emptied into the large containers found outside the east-end door of MCH. Dare County is not currently recycling, so MCH will only collect glass bottles and plastic bags. Please rinse all bottles before placing them into the recycling bin.

#### **Smoke Detectors**

This is a NONSMOKING facility. The smoke alarm system is fully monitored. Do not tamper with any detectors. The main cause of accidentally triggering the alarm comes from cooking. If you are preparing food that will create a lot of smoke (intentionally or non-intentionally), please open the kitchen windows. The fire department is across the street and is often alerted to the alarm before the alarm company will notify us at the property.

#### Laundry

The laundry room is a shared facility. Please label all laundry detergents and softeners stored in the laundry room. Don't leave laundry unattended as others need to utilize the machines, too. Be mindful of other residents in the community.

#### Pest Control

MCH facility is treated quarterly. All common areas, kitchen, decks, and bedrooms are treated. If you would prefer your room to be excluded from pest control treatment during your stay, please contact Ms. Jaye.

#### Cable and Internet Service

Cable TV service is available in both common areas. Wireless internet access is available throughout the facility. You will also find Ethernet cable connections available in both common areas. Please keep in mind that the quality of the wireless service provided to guests is directly impacted by the type of use everyone participates in. Please limit the amount of high-demand activities such as streaming movies, gaming and music. If you experience difficulty with the internet service, please contact Ms. Jaye.

#### Cats

You may notice a large population of cats wandering the grounds of MCH. Please refrain from trying to be friendly or feeding them. They are well cared for by our neighbors! The cats have ample access to food and receive medical care, including all shots; they are also spayed or neutered.

# CONDUCT EXPECTATIONS AND FACILITY RULES

As an occupant and temporary resident of Manteo Community Housing, your appropriate conduct in this facility reflects positively upon our island community, MCH, and the school, university, organization or agency that you represent. It is your responsibility to represent yourself well!

The Manteo Community Housing facility is shared by individuals and groups with various purposes. As a courtesy, respect the work, study and sleep schedules of other occupants. Be considerate of all individuals residing at MCH. Please be respectful of those who live in the adjacent residential neighborhoods.

#### Manteo Community Housing Facility Rules

*Noise:* Acoustical qualities in the common areas, even low-level television and general conversation noise, is amplified throughout the hallways. **Quiet hours are:** 

Sunday–Thursday, 10:30 p.m.–8:00 a.m. Friday and Saturday, Midnight–8:00 a.m.

*Smoking/Vaping:* This is a smoke-free and vape-free facility! Smoking and vaping are allowed on porches and balconies. Containers are located on all porches for the disposal of cigarette and cigar butts. Please do not interfere with access to the facility or the rights of others if choosing to smoke/vape. If any smoke detectors are tampered with and/or the fire alarm is triggered due to smoking/vaping, all cost resulting will be the responsibility of the resident.

*Alcohol/Drugs:* The possession and/or consumption of alcoholic beverages is the same as described under North Carolina General Statute 18B-300, 301, 302. Illegal possession of controlled substances and possession of illegal drugs will result in immediate dismissal from MCH and notification to local law enforcement.

*Room/Hallway Walls:* Do NOT use nails, pins, thumbtacks, tape or command strips to hang things on the walls. Feel free to hang anything you wish on the bulletin boards provided.

*Pets:* NO pets or animals of any kind are allowed at MCH for short- or long-term visitation or occupancy.

*Common Area Egress:* Do not place objects such as bicycles, surfboards, kayaks, etc., in hallways, common areas, laundry room, kitchen, stairways, walkways or porches. This constitutes a violation of the Dare County fire code.

*Mattresses:* All mattresses and box springs have protective covers against insects and allergens. Do NOT remove! Removal of covers may result in fees to have your room treated and new covers installed.

**Room Furniture:** Do not separate the white bookcase dividers. This is strictly prohibited. Changing the room arrangement is not recommended, and damage to furniture or the floors resulting from changing the room layout will be the responsibility of the resident. All rooms should be left in the condition they were found.

*Inspections:* Management reserves the right to conduct unannounced maintenance and general inspections of the room and common areas at any time. Management will attempt to inform occupants of routine maintenance schedules when possible and clearly announce their presence on hallways, knocking on individual doors before entering residential rooms.

*Common Area Use:* All common areas (kitchen, living rooms, porches, laundry room) shall be kept free of personal items and kept clean at all times. Refrigerators, oven and stovetop, microwaves, coffee pots, sinks and all kitchen surfaces should be maintained and kept clean by residents after their use of the space. Personal appliances such as toaster ovens, blenders and grilling machines are permitted in the kitchen only. Maintain, use and clean these appliances in a safe manner. Telephones in common areas provide local service only.

*Kitchen Use:* Keep the kitchen clean! Identify your food and do not eat other residents' food without their permission.

*Grilling:* An outdoor charcoal grill is provided for your enjoyment. Grilling or use of any flame of any kind is not permitted within 30' of the building and constitutes a violation of insurance code. This is strictly prohibited. The provided grill is outside this perimeter and is safe to use.

*Trash/Recycling:* All residents and long-term guests share the responsibility of regular trash and recycling removal from rooms, bathrooms and the kitchen. Remove trash to the dumpster outside. All residents are asked to share this task of monitoring these receptacles.

*Water Heaters:* Do not attempt to make any adjustment to the hot water temperature setting on any water heater in the facility.

**Porches:** Porches are common areas used by all residents. Personal items such as shoes, boots, surfboards, fishing equipment, clothing apparel, beach towels, hammocks, etc., are not allowed to remain on porches overnight. When you are enjoying the porch, be considerate of others and courteous of our neighbors in nearby residential communities by being mindful of your noise level.

*Windows, Doors, Railings:* Hanging or displaying of items such as hammocks, flags, banners, advertisements, laundry, towels, bathing suits and any other type of item in or on exterior of windows, interior/exterior doors, porch posts/railings or on the exterior of the building is prohibited. An American flag may be permitted to be flown, but please consult with the Property Manager first.

**Outdoor Games:** Various outdoor games are available for resident use. Volleyball, badminton, horseshoes and ladder toss are located in the locked box on the west porch. Games must be returned to the locked box before you return indoors.

**Parking:** No parking is allowed in front of the dumpster. Obstructing a dumpster impedes access to regular trash pickup. During peak occupancy, overflow parking may be used in the designated area behind the building.

*Car Washing:* Car washing and/or repairs and oil changes are not permitted on the premises. A car wash is located one block north of MCH.

Fines may be imposed for damages that occur as a result of your occupancy.

# **TERMINATION OF HOUSING PRIVILEGES**

The following will result in immediate termination of your housing privilege at Manteo Community Housing facility:

- Violation of North Carolina General Statute 18B-300, 301, 302 (alcohol and drugs)
- Misconduct under the influence of alcohol or otherwise
- Common source containers of alcohol such as kegs and beer balls; these are not permitted inside or on the grounds of MCH
- Illegal possession or sale of illegal drugs
- Abuse or misuse of prescription or nonprescription drugs
- Use or storage of any type of flammable materials; this includes but is not limited to fireworks, firecrackers and the like; lighter fluid for grilling is permitted

# **MEDICAL FACILITIES**

#### In case of emergency, call 911 immediately!

We hope you remain safe and healthy while you are a resident at Manteo Community Facility, but we also know these resources may be helpful to you during your stay. Addresses, phone numbers and hours of operation are noted when available, but please be aware that for some nonemergency facilities, hours are subject to change based on the season. If you have need of specialized medical care, it is highly recommended you work to arrange this in advance of your arrival to the Outer Banks. It is often very difficult to schedule in a timely fashion. Students have better luck when seeking referrals in advance, for any specialized medical treatment needed.

#### Nearest Hospital

 Outer Banks Hospital (24-hour availability) 4800 S. Croatan Hwy, Nags Head, NC 252-449-4500 877-359-9179

#### **Urgent Care Options**

- OBX Hospital Urgent Care (Hours: 7:30 a.m.–6:30 p.m.)
  4923 S. Croatan Hwy, Nags Head, NC
  252-261-8040
- OBX Hospital Urgent Care (Hours: 8:30 a.m.–7:30 p.m.) 5112 Croatan Hwy, Kitty Hawk, NC 252-449-7474

#### Mental Health Facilities (call for hours)

- ECU Student Health (includes telehealth) studenthealth.ecu.edu 252-328-6841
- ECU Center for Counseling and Student Development (includes virtual counseling) counselingcenter.ecu.edu 252-328-6661
- OBX Inner Journey
  2224 Croatan Hwy, Kill Devil Hills, Unit D #7
  252-305-1507
- Harvest Moon Counseling 7531 S. Virginia Dare Trail, Nags Head, NC 252-441-7053
- Coastal Counseling (walking distance!) 704 US 64, Manteo, NC 252-473-4727

#### Optometry

• OBX Eye Care 111 W. Seachase Drive, Nags Head, NC 252-441-5911

#### Dental

- Ausband and Downing 2917 S. Croatan Hwy, Nags Head, NC 252-441-0437
- J. Trehey Maner 2518 S. Croatan Hwy, Nags Head, NC 252-441-1006

#### **Physical Therapy**

Coastal Rehabilitation Inc.
 5567 N. Croatan Hwy, Kitty Hawk, NC
 252-261-1556

#### Women's Health

 OBX Women's Care 4810 S. Croatan Hwy, Suite 100, Nags Head, NC 252-261-4885

#### Pharmacies

- CVS 1115 S. US 64, Manteo, NC 252-473-5056
- CVS 1101 S. Croatan Hwy, Kill Devil Hills, NC 252-441-3633
- CVS 5547 Croatan Hwy, Kitty Hawk, NC 252-261-8097
- Walgreens
  1200 S. Croatan Hwy, Kill Devil Hills, NC
  252-441-4849
- Island Pharmacy 210 US 64, Manteo, NC 252-473-5801